	Social, Personal and Health Education - Two Year Grid					
Strand	Strand Units (Year 1) Even Years	Strand Units (Year 2) Odd years				
	Self-identity /Making Decisions (Sept.–Oct.)	Safety and Protection (Jan-Feb)				
Myself	Safety and Protection (Jan-Feb)	Making Decisions/Taking care of my				
	Growing and Changing (Mar- April)	body(March-April) *This strand unit is for third to sixth only. Infants to second complete the Safety Issues section of Safety and Protection				
Myself and others	Myself and My Family (NovDec.)	My friends and other people (May-June)				
Others		Relating to others (Sept-Oct.)				
Myself and the wider world	Developing Citizenship (May- June)	Media Education (Nov-Dec.)				

September 2020	Year 1
September 2021	Year 2
September 2022	Year 1
September 2023	Year 2
September 2024	Year 1
September 2025	Year 2

Junior Infants Year 1 (even years)

Month	Strand	Strand Unit	Dina School: Behaviour Management Programme	Junior Infants
September/ October	Myself	Self Identity: Self-Awareness	October: School Rules	Walk Tall The name game 31
		Con rivial checo	 Introduction of puppets Quiet hands up Show me five 	This is me 34 There's no one quite like me 37 This special person's name 40
Behaviour Week Antibullying /Friendship Week				I taste with my tongue 56 Blindfold walk 61 The feely box 64 Noisy places 66
				Our giant book of senses 74 RSE This is me 15
				Who are you? 23 Walk Tall

		Developing Self- Confidence Making Decisions		Storm 87 Celebration 138 RSE This is me 15 Walk Tall I taste with my tongue 56 Which sense? 70 Things I put on my body 93 What would you do? 101 RSE
November/ December	Myself and Others	Myself and My Family	November: School Rules 4. Time-out 5. Listening and waiting 6. listening and waiting 2 December: School Rules 7. Concentrating 8. Following directions	Making choices 85 Walk Tall Who lives inside my front door? 81 RSE This is my family 43
January/ February Stay Safe	Myself	Safety and Protection: Personal Safety Safety Issues	January: Understanding and detecting feelings 9. Keeping calm 10. Relaxation strategies 11. Feelings- proud and frustrated February: Understanding and detecting feelings 12. Hurt feelings	Walk Tall What would you do? 101 Walk Tall Which sense 70 Things I put on my body 93 Miss Polly's sick dolly 97 What would you do? 101 RSE People who teach us about keeping safe 51

			13. Feeling lonely	
AA 1 / A	AA . 16	C ()		DCC
March/ April	Myself	Safety and	March:	RSE
		Protection	Understanding and detecting	I grow 77
		C	feelings	RSE
	Ctan Cafa	Growing and	14. Giving compliments	'
	Stay Safe	Changing:	Problem-solving	New life 67
		As I grow I	15. Asking for help	MARIE TAIL
		change	16. Wait and take turns	Walk Tall
			April:	Feeling faces 109
			Problem-solving	The big happy picture 115
		New Life	17. Ignoring	Things that go bump in the night 119
			18. Apologies	I'm lonely 124
			Anger Management	Little Miss Angry 129
		Feelings and	19. How to manage anger and	Caring and sharing 132
		Emotions	calm down	RSE
, _				We have feelings 59
May/ June	Myself	Developing	May:	Walk Tall
	and the	Citizenship:	Anger Management	There's no one quite like me 37
	wider	My School	20. How to manage anger and	Bear hugs 48
	world	Community	calm down 2	Jack's story 84
			Being Friendly	
			21. Helping at school- being	Walk Tall
			friendly and helpful	Which sense 70
		Living in the	22. Helping at school- being	Celebration 138
		Local Community	friendly and helpful 2	

	23. How to make friends and	
	talk to friends (listening)	
Environmental	June:	
Care	Being Friendly	
	24. Seek permission to	
	borrow property	
	25. learning to accept "no	
	thanks"	
	26. Teamwork	
	27. End of year review	

Junior Infants Year 2 (Odd years)

Month	Strand	Strand Unit	Dina School	Junior Infants
September	Myself and others	Relating to others		Walk Tall
October			October:	Jack's Story 84
			School Rules	I am lonely 124
			28. Introduction of	Little Miss Angry 129
			puppets	Caring and sharing 132
			29. Quiet hands up	RSE
			Show me five	We are friends 33
November	Myself and the wider	Media Education	November:	Walk Tall
December	world		School Rules	Suggested stories, rhymes and
			30. Time-out	songs 51 Suggested stories, rhymes
				and songs 90 Suggested stories 135

	-			
			31. Listening and	
			waiting	
			32. listening and	
			waiting 2	
			December:	
			School Rules	
			33. Concentrating	
			Following directions	
January	Myself	Safety and protection:	January:	Walk Tall
February		Personal Safety	Understanding and	What would you do? 101
			detecting feelings	
	Stay Safe		34. Keeping calm	Walk Tall
		Safety Issues	35. Relaxation	Which sense 70
			strategies	Things I put on my body 93
			36. Feelings- proud	Miss Polly's sick dolly 97
			and frustrated	What would you do? 101
			February:	RSE
			Understanding and	People who teach us about keeping
			detecting feelings	safe 51
			37. Hurt feelings	
			Feeling lonely	
March	Myself	Safety and protection	March:	Walk Tall
April			Understanding and	I taste with my tongue 56
		Making	detecting feelings	Blindfold walk 61
	Stay Safe	Decisions/Taking Care	38. Giving	The feely box 64
		of my body:	compliments	Our giant box of senses 74
		Knowing about my body	Problem-solving	Things I put on my body 93
			39. Asking for help	RSE
			40. Wait and take	I grow 77
			turns	
			April:	Walk Tall I taste with my tongue 56
			Problem-solving	

			41. Ignoring	
		Food and Nutrition	42. Apologies	
			Anger Management	
			How to manage anger	
			and calm down	
May	myself and others	My friends and other	May:	Walk Tall
June		people	Anger Management	There's no one quite like me 37
			43. How to manage	My important people 42
			anger and calm	Bear hugs 48
			down 2	Who lives inside my front door? 81
			Being Friendly	Jack's Story 84
			44. Helping at	RSE
			school- being	We are friends 33
			friendly and	
			helpful	
			45. Helping at	
			school- being	
			friendly and	
			helpful 2	
			46. How to make	
			friends and talk	
			to friends	
			(listening)	
			June:	
			Being Friendly	
			47. Seek permission	
			to borrow	
			property	
			48. learning to	
			accept "no	
			thanks"	
I			49. Teamwork	

End of year review	

Senior Infants Year 1 (even years)

Month	Strand	Strand Unit	Dina School: Behaviour Management Programme	Senior Infants
September/	Myself	Self Identity:		Walk Tall
October		Self-Awareness	October:	Names I have 31
			School Rules	The face in the mirror 33
			 Introduction of puppets 	Faces 35
			2. Quiet hands up	Mushka 37
Behaviour Week			3. Show me five	Name train 41
Antibullying				The crocodile pool 43
/Friendship Week				The magic box 45
				The five senses 56
				Taste test 59
				What's in the box? 64
				What do you smell? 66
				Jungle journey 68
				Are you? Can you? Do you? 47
				Stars 112
				RSE
		Developing Self- Confidence		Look what I can do 99
				Walk Tall
				Are you? Can you? Do you? 47
				Stars 112
				RSE
		Making Decisions		Look what I can do 99

				RSE Making decisions 169
November/ December	Myself and Others	Myself and My Family	November: School Rules 4. Time-out 5. Listening and waiting 6. listening and waiting 2 December: School Rules 7. Concentrating 8. Following directions	Walk Tall My special people booklet 77 RSE This is my family 115
January/ February	Myself	Safety and Protection: Personal Safety	January: Understanding and detecting feelings 9. Keeping calm	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 15
Stay Safe		Safety Issues	10. Relaxation strategies 11. Feelings- proud and frustrated February: Understanding and detecting feelings 12. Hurt feelings 13. Feeling lonely	Secrets and telling 18 Strangers 21 Walk Tall Five little children 89 Things that go in my body 95 RSE I can be safe 123
March/ April	Myself	Safety and Protection Growing and	March: Understanding and detecting feelings 14. Giving compliments	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 15
	Stay Safe	Changing: As I grow I change	Problem-solving 15. Asking for help 16. Wait and take turns	Secrets and telling 18 Strangers 21 RSE

		New Life Feelings and Emotions	April: Problem-solving 17. Ignoring 18. Apologies Anger Management 19. How to manage anger and calm down	I grow and change 157 RSE Caring For new life 137 Walk Tall Things to be happy about 101 Hot air balloon ride 105 RSE Other people have feelings too 129
May/ June	Myself and the wider world	Developing Citizenship: My School Community Living in the Local Community	May: Anger Management 20. How to manage anger and calm down 2 Being Friendly 21. Helping at school- being friendly and helpful 22. Helping at school- being friendly and helpful 2 23. How to make friends and talk to friends (listening)	Walk Tall The face in the mirror 33 Are you? Can you? Do you? 47 Our class 79 Helping hand tree 83 Walk Tall Helping hand tree 83
		Environmental Care	June: Being Friendly 24. Seek permission to borrow property 25. learning to accept "no thanks" 26. Teamwork 27. End of year review	

Senior Infants Year 2 (Odd years)

Month	Strand	Strand Unit	Dina School	Senior Infants
September	Myself and others	Relating to others		Walk Tall
October			October:	Our class 79
			School Rules	Helping hand tree 83
			28. Introduction of	RSE
			puppets	These are my friends 107
			29. Quiet hands up	
			Show me five	
November	Myself and the wider	Media Education	November:	Walk Tall
December	world		School Rules	Suggested stories and rhymes 52
			30. Time-out	Time for a rhyme 71
			31. Listening and	Suggested stories and poems 74
			waiting	Suggested stories, songs and
			32. listening and	rhymes 85
			waiting 2	Suggested stories, songs and
			December:	rhymes 98
			School Rules	Suggested stories, songs and
			33. Concentrating	rhymes 109
			Following directions	Movement activities 116
January	Myself	Safety and protection:	January:	Stay Safe
February		Personal Safety	Understanding and	Feeling safe and unsafe 7
			detecting feelings	Bullying 11
	Stay Safe		34. Keeping calm	Touches 15
		Safety Issues	35. Relaxation	Secrets and telling 18
			strategies	Strangers 21
			36. Feelings- proud	
			and frustrated	Walk Tall

			February:	Five little children 89
			Understanding and	Things that go in my body 95
			detecting feelings	RSE
			37. Hurt feelings	I can be safe 123
			Feeling lonely	
March	Myself	Safety and protection	March:	Stay Safe
April			Understanding and	Feeling safe and unsafe 7
		Making	detecting feelings	Bullying 11
	Stay Safe	Decisions/Taking Care	38. Giving	Touches 15
		of my body:	compliments	Secrets and telling 18
		Knowing about my body	Problem-solving	Strangers 21
			39. Asking for help	RSE
			40. Wait and take	I grow and change 157
			turns	
			April:	RSE
			Problem-solving	Caring For new life 137
			41. Ignoring	
		Food and Nutrition	42. Apologies	Walk Tall
			Anger Management	The five senses 56
			How to manage anger	Taste test 59
			and calm down	What's in the box 64
				What do you smell? 66
				Five little children 89
				Things that go in my body 95
				RSE
				My body 147
				Walk Tall
				Taste test 59
				RSE
				I grow and change 157

May	myself and others	my friends and other	May:	Walk Tall
June	·	people	Anger Management	My special people booklet 77
			43. How to manage	Our class 79
			anger and calm	Helping hand tree 83
			down 2	RSE
			Being Friendly	These are my friends 107
			44. Helping at	· ·
			school- being	
			friendly and	
			helpful	
			45. Helping at	
			school- being	
			friendly and	
			helpful 2	
			46. How to make	
			friends and talk	
			to friends	
			(listening)	
			June:	
			Being Friendly	
			47. Seek permission	
			to borrow	
			property	
			48. learning to	
			accept "no	
			thanks"	
			49. Teamwork	
			End of year review	

First and Second Class Year 1 (even years)

Month	Strand	Strand Unit	First Class	Second Class
September/	Myself	Self Identity:	Walk Tall	RSE
October		Self-Awareness	My name 31	Other people are special 103
			Our favourite things 35	
			Alike/different 38	
			I have talents 42	Walk Tall
Behaviour Week			I would like to belong 128	I change as I grow 31
Antibullying			RSE	The influence of friends 35
/Friendship Week			Things I like to do 15	I'm learning to ask for what I want 112
			How my body works 67	I'm learning about my rights 116
			, ,	I'm celebrating all I've learned 122
			Walk Tall	
			Our favourite things 35	
			I have opinions 47	Walk Tall
			It's ok to make mistakes 95	The influence of friends 35
			I'm celebrating all I've learned	The influence of advertising 40
			134	Do I want to smoke? 43
		Developing Self-	RSE	I'm learning to use my own brain 103
		Confidence	Things I like to do 15	I'm learning to say no 107
			Growing means changing 77	RSE
				Personal decisions 181

Walk Tall	
I belong in my home 121 RSE My family 31	RSE My family 123
Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16
Secrets and telling 19 Strangers 23 Walk Tall People who make rules care about something important 56 When I'm scared I look for help 101 I share my feelings with people I trust 106 RSE Keeping safe 39 Walk Tall If there were no rules 53	Secrets and telling 19 Strangers 23 Walk Tall The influence of friends 35 Do I want to smoke 43 Bullying 48 I'm learning to trust 95 I'm learning to use my own brain 103 I'm learning to say no 107 I'm learning about my rights 116 RSE Keeping safe 131 Walk Tall Drugs are very powerful 77
	RSE Keeping safe 39 Walk Tall

			There are rules about medicines 60 The rules of this classroom 66 RSE Keeping safe 39	Why are those children having injections? 82 I'm learning to use my own brain 103 I'm learning to say no 107 RSE Keeping safe 131
March/ April	Myself Stay Safe	Safety and Protection Growing and Changing: As I grow I	Walk Tall I would like to belong 128 RSE Growing means changing 77 RSE	Walk Tall I change as I grow 31 I'm learning to trust 95 I'm learning to cooperate 99 I'm learning to use my own brain 103 RSE
		change New Life	The wonder of new life 59 Walk Tall Feelings are ok 73	Growing and changing 171 RSE The wonder of new life 151
		Feelings and Emotions	When I am happy 79 It's ok to cry when I'm sad 83 When I feel angry I have lots of energy 88 It's ok to make mistakes 95 When I'm scared I look for help 101 I share my feelings with people I trust 106 RSE Showing our feelings 49	RSE Coping with our feelings 141

May/ June	Myself	Developing	Walk Tall	Walk Tall
	and the	Citizenship:	The rules of the classroom 66	I'm learning to trust 95
	wider	My School	I belong with my class 117	I'm learning to cooperate 99
	world	Community	I belong in my home 121	
		·	I belong 125	Walk Tall
			I would like to belong 128	I'm learning about my rights 116
		Living in the		
		Local Community	Walk Tall	
			People who make rules care about	
			something important 56	
		Environmental	I belong 125	
		Care	I would like to belong 128	

First and Second Class Year 2 (Odd years)

Month	Strand	Strand Unit	First Class	Second Class
September	Myself and others	Relating to others	Walk Tall	Walk Tall
October			Our favourite things 35	The influence of friends 35
			Alike and different 38	Bullying 48
			I have opinions 47	I'm learning to use my own brain 103
			When I'm happy 79	I'm learning to say no 107
			It's ok to cry when I'm	I'm learning to ask for what I want
			sad 83	112
			When I feel angry I	I'm learning about my rights 116
			have lots of energy 88	RSE
			I would like to belong	Personal decisions 181
			128	
			RSE	
			My friends 23	
			Showing our feelings 49	
November	Myself and the wider	Media Education		Walk Tall
December	world			The influence of advertising 40
January	Myself	Safety and protection:	Stay Safe	Stay Safe
February		Personal Safety	Feeling safe and unsafe	Feeling safe and unsafe 7
			7	Bullying 11
	Stay Safe		Bullying 11	Touches 16
		Safety Issues	Touches 16	Secrets and telling 19
			Secrets and telling 19	Strangers 23
			Strangers 23	Walk Tall
			Walk Tall	The influence of friends 35
			People who make rules	Do I want to smoke 43
			care about something	Bullying 48
			important 56	I'm learning to trust 95

			When I'm scared I look for help 101 I share my feelings with people I trust 106 RSE Keeping safe 39 Walk Tall If there were no rules 53 People who make rules care about something important 56 There are rules about medicines 60 The rules of this classroom 66 RSE Keeping safe 39	I'm learning to use my own brain 103 I'm learning to say no 107 I'm learning about my rights 116 RSE Keeping safe 131 Walk Tall Drugs are very powerful 77 Why are those children having injections? 82 I'm learning to use my own brain 103 I'm learning to say no 107 RSE Keeping safe 131
March April	Myself Stay Safe	Safety and protection Making Decisions/Taking Care of my body: Knowing about my body Food and Nutrition	Walk Tall There are rules about medicines 60 RSE How my body works 67 RSE How my body works 67	Walk Tall Do I want to smoke? 43 My heart and my lungs 57 My brain is my control centre 60 My body needs food 66 Too much of a good thing 74 Drugs are very powerful 77 Why are those children having injections? 82 RSE When my body needs special care 161

				Walk Tall My body needs food 66 Too much of a good thing 74
May June	myself and others	my friends and other people	Walk Tall I belong with my class 117 I belong 125 RSE My friends 23	Walk Tall The influence of friends 35 Do I want to smoke? 43 Bullying 48 I'm learning to trust 95 I'm learning to cooperate 99 'm learning to use my own brain 103 I'm learning to say no 107 RSE Being friends 113

Third and Fourth Class Year 1 (even years)

Month	Strand	Strand Unit	Third Class	Fourth Class
September/	Myself	Self Identity:	Walk Tall	Walk Tall
October	Mysen	Self-Awareness	My name is special 41	Self-acceptance 47
OCTODE!		Jeij-Awareness	My strengths 45	Self portrait 50
			I am unique 48	What's it worth? 54
			·	
D = A / A			You are unique too 53	Viewpoints 63
Behaviour Week			I'm celebrating all I've learned	What do I say to myself? 128
Antibullying			140	I'm celebrating all I've learned 146
/Friendship Week			RSE	RSE
			Special gifts 17	Myself and others 117
				Reasons for rules 147
			Walk Tall	Feelings and emotions 155
			Rules of the classroom 31	Growing and changing 195
			I want, I need 57	
			What's that feeling? 69	Walk Tall
			RSE	What's it worth? 54
			Special gifts 17	I know I think 59
		Developing Self-	Keeping safe 49	Expressing feelings 73
		Confidence		Decision making 118
			Walk Tall	Practising decision making 124
			I want, I need 57	Conflicts 134
			I feel I do 79	RSE
			Now or later 121	Myself and others 117
		Making Decisions	Who influences me? 123	Reasons for rules 147
		77,29 2 20.0.010	Acting on impulse 127	Growing and changing 195
			Making a choice 133	Problem solving 207
			RSE	1 1 05/0/11 30/7/11g 207
			Keeping safe 49	Walk Tall

			Making decisions 103	I know, I think 59
			Making decisions 103	Viewpoints 63
				•
				Groups I belong to 111
				Decision making 118
				Practising decision making 124
				Conflicts 134
				RSE
				Myself and others 117
				Bullying behaviour 127
				Reasons for rules 147
				Problem solving 207
November/	Myself	Myself and My	RSE My family 37	RSE
December	and	Family		My family 137
	Others			Walk Tall
				Groups I belong to 111
				Conflicts 134
January/	Myself	Safety and	Stay Safe	Stay Safe
February		Protection:	Feeling safe and unsafe 7	Feeling safe and unsafe 7
		Personal Safety	Bullying 11	Bullying 11
			Touches 16	Touches 16
Stay Safe			Secrets and telling 20	Secrets and telling 20
		Safety Issues	Strangers 24	Strangers 24
			Walk Tall Rules of the classroom	Walk Tall Rules of the classroom 31
			31	Smoking – what do you think? 90
			Acting on impulse 127	Being offered a cigarette 94
			RSE	Alcohol 101
			Keeping safe 49	What's a drug? 105
			, -	RSE
			Walk Tall	Bullying behaviour 127
			Acting on impulse 127	Reasons for rules 147
			RSE	
			Keeping safe 49	Walk Tall

				What is a drug? 105 RSE Reasons for rules 147
March/ April	Myself	Safety and Protection	RSE My family 37 As I grow I change 93	RSE Growing and changing 195 RSE The wonder of new life 169
		Growing and	As I gi ow I change 93	ROL THE WORLE OF NEW ITE 109
	Stay Safe	Changing:	RSE	Walk Tall
		As I grow I	My family 37	Listening for feelings 38
		change	Preparing for new life 69	How do they feel? 69 Expressing feelings 73
			Walk Tall	People shrink from put-downs 77
		New Life	I want I need 57 What's that feeling? 69 I felt happy when 74	What do I say to myself? 128 RSE Bullying behaviour 127
		Feelings and Emotions	Not-so-good feelings 76 I feel, I do 79 RSE Sometimes friends fight 27 Expressing feelings 57 Making decisions 103	Feelings and emotions 155

May/ June	Myself	Developing	Walk Tall	Walk Tall
	and the	Citizenship:	Rules of the classroom 31	Rules of the classroom 31
	wider	My School	You are unique too 53	Practising decision making 124
	world	Community	RSE	RSE
			Sometimes friends fight 27	Myself and others 117
			Keeping safe 49	Bullying behaviour 127
				Reasons for rules 147
		Living in the		
		Local Community		Walk Tall
				Groups I belong to 111
				RSE
		Environmental		Myself and others 117
		Care		Bullying behaviour 127

Third and Fourth Class Year 2 (Odd years)

Month	Strand	Strand Unit	Third Class	Fourth Class
September	Myself and others	Relating to others:	Walk Tall	Walk Tall
October	·	Communicating	Listening 34	Taking time to listen 34
			Who influences me 123	Listening for feelings 38
		Resolving Conflict	RSE	I know, I think 59
			Special gifts 17	Direct communication 141
			Sometimes friends	RSE Myself and others 117
			fight 27	Problem solving 207
			Walk Tall	Walk Tall
			Acting on impulse 127	People shrink from put downs 77
			RSE	Dealing with difficult situations 82
			Sometimes friends	Conflicts 134
			fight 27	Direct communication 141

				RSE Bullying behaviour 127 Problem solving 207
November December	Myself and the wider world	Media Education	Walk Tall I want I need 57 Who influences me 123	
January February	Myself	Safety and protection: Personal Safety	Stay Safe Feeling safe and unsafe 7	Stay Safe Feeling safe and unsafe 7 Bullying 11
	Stay Safe	Safety Issues	Bullying 11 Touches 16 Secrets and telling 20 Strangers 24 Walk Tall Rules of the classroom 31 Acting on impulse 127 RSE Keeping safe 49 Walk Tall Acting on impulse 127 RSE Keeping safe 49	Touches 16 Secrets and telling 20 Strangers 24 Walk Tall Rules of the classroom 31 Smoking - what do you think? 90 Being offered a cigarette 94 Alcohol 101 What's a drug? 105 RSE Bullying behaviour 127 Reasons for rules 147 Walk Tall What is a drug? 105 RSE Reasons for rules 147
March April	Myself	Safety and protection Taking Care of my body:	Walk Tall If I'm tense I can relax 83	Walk Tall Dealing with difficult situations 84 Feeling the air in our bodies 87
	Stay Safe	Health and Well-being Knowing about my body	On and off balance 91 Body balance 95	Smoking - what do you think? 90 Being offered a cigarette 94

		Food and Nutrition	What's good for me? 101 Smoking 104 Drinking 113 RSE Keeping safe 49 Making decisions 103 RSE Our senses 81 Walk Tall Body balance 95 What's good for me? 101	Forming and breaking habits 97 Alcohol 101 What is a drug? 105 What do I say to myself? 128 RSE Bullying behaviour 127 Being clean - keeping healthy 183 Problem solving 207 Walk Tall Feeling the air in our bodies 87 RSE Being clean - keeping healthy 183 Growing and changing 195 RSE
May June	myself and others	my friends and other people	Walk Tall Listening 34 Who influences me? 123 RSE Sometimes friends fight 27	Being clean - keeping healthy 183 Walk Tall Taking time to listen 34 Listening for feelings 38 Viewpoints 63 People shrink from put downs 77 Groups I belong to 111 Conflicts 134 Direct communication 141 RSE Myself and others 117 Bullying behaviour 127 Reasons for rules 147 Growing and changing 195 Problem solving 207

Fifth and Sixth Class Year 1 (even years)

Month	Strand	Strand Unit	Fifth Class	Sixth Class
September/	Myself	Self Identity:	Walk Tall	Walk Tall
October	111/3011	Self-Awareness	This is my life 31	Getting to know each other 34
0010001		Con / war oness	Me 39	My identity shield 38
			Say who 69	My roots 41
			Someone I admire 80	I can do it 43
Behaviour Week			RSE	Looking to the future 143
Antibullying			The person I am 25	Celebration shields, worry stars 147
/Friendship Week			My family 49	RSE
71 Tiendship Week			Keeping safe 61	Me and my aspirations 131
			Feelings and emotions 69	Families 151
			My body grows and changes 81	Feelings and emotions 175
			Caring for new life 103	r cenngs and emonons 173
			calling for new life 103	Walk Tall
			Walk Tall	My identity shield 38
			Interview 41	I can do it 43
			You can't win all the time 44	Handling criticism 47
		Developing Self-	I can choose 101	RSE
		Confidence	RSE	Me and my aspirations 131
		Confidence	The person I am 25	Different kinds of love 141
			•	Families 151
			My family 49	Keeping safe and healthy 163
			Keeping safe 61	, , ,
		AA alain a Na ai ai an a	Feelings and emotions 69	Growing and changing 183
		Making Decisions	Malla Tall	
			Walk Tall	Walk Tall Making decisions 73
			Says who? 69	Walk Tall Making decisions 73
			Someone I admire 80	What I decide 76
			Advertising 84	A way of deciding 80

			T	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
			Types of decisions 93	What can they do now? 123
			Ways of deciding 98	RSE
			I can choose 101	Families 151
			RSE My family 49	Feelings and emotions 175
			Keeping safe 61	Growing and changing 183
			Feelings and emotions 69	Choices and decision making 221
			Making healthy decisions 113	
November/	Myself	Myself and My	Walk Tall	RSE
December	and	Family	Alcoholism and the family 121	Different kinds of love 141
	Others		RSE	Families 151
			My family 49	Growing and changing 183
			Keeping safe 61	Relationships and new life 199
			The wonder of new life 93	A baby is a miracle 209
			Caring for new life 113	,
January/	Myself	Safety and	Stay Safe	Stay Safe
February		Protection:	Feeling safe and unsafe 6	Feeling safe and unsafe 6
		Personal Safety	Bullying 9	Bullying 9
		·	Touches 15	Touches 15
Stay Safe			Secrets and telling 19	Secrets and telling 19
		Safety Issues	Strangers 22	Strangers 22
		,	Walk Tall	Walk Tall Group building 31
			Types of decisions 93	How others see it 86
			Ways of deciding 98	What can they do now? 123
			I can choose 101	Making decisions about situations involving
			Risky situations 104	drugs 131
			RSE	RSE
			My family 49	Keeping safe and healthy 163
			Keeping safe 61	Growing and changing 183
			Walk Tall	Walk Tall
			Alcohol how we see it 111	A way of deciding 80

			Alcohol information 116 Risky situations 104 RSE Keeping safe 61 Making healthy decisions 113	Smoking 97 What is a drug 115 Making decisions about situations involving drugs 131 RSE Keeping safe and healthy 163
March/ April	Myself	Safety and	Walk Tall	Walk Tall
		Protection	This is my life 31	I can do it 43
			I'm celebrating all I've learned	Looking to the future 143
		Growing and	129	Celebration shields, worry stars 147
	Stay Safe	Changing:	RSE	A new school 152
		As I grow I	My family 49	RSE
		change	Keeping safe 61 My body grows and changes 81 Making healthy decisions 113	Families 151 Growing and changing 183 Relationships and new life 199
		New Life	maning meaning accions and	RSE
		14000 2110	RSE	Different kinds of love 141
			The wonder of new life 93	Families 151 Relationships and new life 199
		Feelings and	Caring for new life 103	A baby is a miracle 209
		Emotions	caring for new info 100	7. Baby 15 a min acro 209
		Cillottotio	Walk Tall	Walk Tall
			You can't win all the time 44	Handling criticism 47
			How are you feeling? 55	What do I do when I feel? 55
			Painting feelings 59	Strong feelings 61
			What happens when I feel? 61	Dealing with difficult feelings (grief) 66
			RSE	RSE
			My family 49	Me and my aspirations 131
			Feelings and emotions 69	Different kinds of love 141
			My body grows and changes 81	Feelings and emotions 175
			The wonder of new life 93	Growing and changing 183

			Making healthy decisions 113	Relationships and new life 199 Choices and decision making 221
May/ June	Myself and the wider world	Developing Citizenship: My School Community Living in the Local Community Environmental Care	Walk Tall Interview 41 Part of the gang 75 RSE Making healthy decisions 113	Walk Tall Group building 31 RSE Me and my aspirations 131 Families 151 Growing and changing 183

Fifth and Sixth Class Year 2 (Odd years)

Month	Strand	Strand Unit	Fifth Class	Sixth Class
September	Myself and others	Relating to others	RSE	RSE
October			The person I am 25	Me and my aspirations 131
			My family 49	Different kinds of love 141
			Feelings and emotions	Families 151
			69	Feelings and emotions 175
			Walk Tall	Growing and changing 183
			Interview 41	Choices and decision making 221
			Painting feelings 59	Walk Tall
			Says who? 69	Handling criticism 47

			Someone I admire 80 Advertising 84 I can choose 101 Walk Tall I can choose 101 RSE My family 49 Feelings and emotions 69	Walk Tall Handling criticism 47 What do I do when I feel? 55 Strong feelings 61 How others see it 86 RSE Families 151 Feelings and emotions 175
November December	Myself and the wider world	Media Education	Walk Tall Says who? 69 Advertising 84 RSE Different kinds of friends 37 My family 49 Feelings and emotions 69 Making healthy decisions 113	Walk Tall Action on drugs 137 RSE Different kinds of love 141
January February	Myself Stay Safe	Safety and protection: Personal Safety	Stay Safe Feeling safe and unsafe 6 Bullying 9	Stay Safe Feeling safe and unsafe 6 Bullying 9 Touches 15
		Safety Issues	Touches 15 Secrets and telling 19 Strangers 22 Walk Tall Types of decisions 93 Ways of deciding 98 I can choose 101 Risky situations 104 RSE My family 49	Secrets and telling 19 Strangers 22 Walk Tall Group building 31 How others see it 86 What can they do now? 123 Making decisions about situations involving drugs 131 RSE Keeping safe and healthy 163 Growing and changing 183

			Keeping safe 61	
				Walk Tall
			Walk Tall	A way of deciding 80
			Alcohol how we see it	Smoking 97
			111	What is a drug 115
			Alcohol information 116	Making decisions about situations
			Risky situations 104	involving drugs 131
			RSE	RSE
			Keeping safe 61	Keeping safe and healthy 163
			Making healthy	
			decisions 113	
March	Myself	Safety and protection	Walk Tall	Walk Tall
April			What happens when I	Dealing with difficult feelings 66
		Taking Care of my body:	feel 61	How others see it 86
	Stay Safe	Health and Well-being	Says who 69	The smoking bottle 93
		Knowing about my body	Someone I admire 80	Smoking 97
			Types of decisions 93	Let's do something 103
			Risky situations 104	The bag 111
			Alcohol: how we see it	What is a drug 115
		Food and Nutrition	111	What do I think about drugs and
			Alcohol information 116	drug-taking 120
			Alcoholism and the	What can they do now? 123
			family 121	Making decisions about situations
			RSE	involving drugs 131
			My family 49	Addiction 134
			Keeping safe 61	Action on drugs 137
			Feelings and emotions	Celebration shields 147
			69	RSE
			Caring for new life 103	Different kinds of love 141
			Making healthy	Keeping safe and healthy 163
			decisions 113	Feelings and emotions 175
				Growing and changing 183

			RSE My body grows and changes 81 The wonder of new life 93 Caring for new life 103 Making healthy	Choices and decision making 221 RSE Keeping safe and healthy 163 Relationships and new life 199 RSE
			decisions 113	Keeping safe and healthy 163
			RSE Caring for new life 103 Making healthy decisions 113	
May June	myself and others	my friends and other people	Walk Tall Says who? 69 Part of the gang 75 Someone I admire 80 I can choose 101 RSE Different kinds of friends 37 My family 49 My body grows and changes 81 Making healthy	Walk Tall Group building 31 Getting to know each other 34 Handling criticism 47 RSE Different kinds of love 141 Families 151 Feelings and emotions 175 Growing and changing 183 Choices and decision making 221
			Making healthy decisions 113	