

Social, Personal and Health Education - Two Year Grid

Strand	Strand Units (Year 1) Even Years	Strand Units (Year 2) Odd years
Myself	<i>Self-identity /Making Decisions (Sept.–Oct.)</i>	<i>Safety and Protection (Jan-Feb)</i>
	<i>Safety and Protection (Jan-Feb)</i>	<i>Making Decisions/Taking care of my body(March-April)</i> <i>*This strand unit is for third to sixth only. Infants to second complete the Safety Issues section of Safety and Protection</i>
	<i>Growing and Changing (Mar-April)</i>	
Myself and others	<i>Myself and My Family (Nov.-Dec.)</i>	<i>My friends and other people (May-June)</i>
		<i>Relating to others (Sept-Oct.)</i>
Myself and the wider world	<i>Developing Citizenship (May-June)</i>	<i>Media Education (Nov-Dec.)</i>

September 2020	Year 1
September 2021	Year 2
September 2022	Year 1
September 2023	Year 2
September 2024	Year 1
September 2025	Year 2

Junior Infants Year 1 (even years)

Month	Strand	Strand Unit	Dina School: Behaviour Management Programme	Junior Infants
September/ October Behaviour Week Antibullying /Friendship Week	Myself	Self Identity: Self-Awareness	October: School Rules 1. Introduction of puppets 2. Quiet hands up 3. Show me five	<u>Walk Tall</u> The name game 31 This is me 34 There's no one quite like me 37 This special person's name 40 I taste with my tongue 56 Blindfold walk 61 The feely box 64 Noisy places 66 Our giant book of senses 74 <u>RSE</u> This is me 15 Who are you? 23 <u>Walk Tall</u>

		Developing Self-Confidence		Storm 87 Celebration 138 <u>RSE</u> This is me 15 <u>Walk Tall</u> I taste with my tongue 56 Which sense? 70 Things I put on my body 93 What would you do? 101 <u>RSE</u> Making choices 85
November/ December	Myself and Others	Myself and My Family	November: School Rules 4. Time-out 5. Listening and waiting 6. listening and waiting 2 December: School Rules 7. Concentrating 8. Following directions	<u>Walk Tall</u> Who lives inside my front door? 81 <u>RSE</u> This is my family 43
January/ February Stay Safe	Myself	Safety and Protection: Personal Safety Safety Issues	January: Understanding and detecting feelings 9. Keeping calm 10. Relaxation strategies 11. Feelings- proud and frustrated February: Understanding and detecting feelings 12. Hurt feelings	Walk Tall What would you do? 101 Walk Tall Which sense 70 Things I put on my body 93 Miss Polly's sick dolly 97 What would you do? 101 RSE People who teach us about keeping safe 51

			13. Feeling lonely	
March/ April	Myself Stay Safe	Safety and Protection Growing and Changing: As I grow I change New Life Feelings and Emotions	March: Understanding and detecting feelings 14. Giving compliments Problem-solving 15. Asking for help 16. Wait and take turns April: Problem-solving 17. Ignoring 18. Apologies Anger Management 19. How to manage anger and calm down	RSE I grow 77 RSE New life 67 Walk Tall Feeling faces 109 The big happy picture 115 Things that go bump in the night 119 I'm lonely 124 Little Miss Angry 129 Caring and sharing 132 RSE We have feelings 59
May/ June	Myself and the wider world	Developing Citizenship: My School Community Living in the Local Community	May: Anger Management 20. How to manage anger and calm down 2 Being Friendly 21. Helping at school- being friendly and helpful 22. Helping at school- being friendly and helpful 2	Walk Tall There's no one quite like me 37 Bear hugs 48 Jack's story 84 Walk Tall Which sense 70 Celebration 138

		Environmental Care	<p>23. How to make friends and talk to friends (listening)</p> <p>June: Being Friendly</p> <p>24. Seek permission to borrow property</p> <p>25. learning to accept "no thanks"</p> <p>26. Teamwork</p> <p>27. End of year review</p>	
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Junior Infants Year 2 (Odd years)

Month	Strand	Strand Unit	Dina School	Junior Infants
September October	Myself and others	Relating to others	<p>October: School Rules</p> <p>28. Introduction of puppets</p> <p>29. Quiet hands up</p> <p>Show me five</p>	<p>Walk Tall</p> <p>Jack's Story 84</p> <p>I am lonely 124</p> <p>Little Miss Angry 129</p> <p>Caring and sharing 132</p> <p>RSE</p> <p>We are friends 33</p>
November December	Myself and the wider world	Media Education	<p>November: School Rules</p> <p>30. Time-out</p>	<p>Walk Tall</p> <p>Suggested stories, rhymes and songs 51</p> <p>Suggested stories, rhymes and songs 90</p> <p>Suggested stories 135</p>

			<p>31. Listening and waiting</p> <p>32. listening and waiting 2</p> <p>December: School Rules</p> <p>33. Concentrating Following directions</p>	
<p>January February</p>	<p>Myself</p> <p>Stay Safe</p>	<p>Safety and protection: Personal Safety</p> <p>Safety Issues</p>	<p>January: Understanding and detecting feelings</p> <p>34. Keeping calm</p> <p>35. Relaxation strategies</p> <p>36. Feelings- proud and frustrated</p> <p>February: Understanding and detecting feelings</p> <p>37. Hurt feelings Feeling lonely</p>	<p>Walk Tall</p> <p>What would you do? 101</p> <p>Walk Tall</p> <p>Which sense 70</p> <p>Things I put on my body 93</p> <p>Miss Polly's sick dolly 97</p> <p>What would you do? 101</p> <p>RSE</p> <p>People who teach us about keeping safe 51</p>
<p>March April</p>	<p>Myself</p> <p>Stay Safe</p>	<p>Safety and protection</p> <p>Making Decisions/Taking Care of my body: Knowing about my body</p>	<p>March: Understanding and detecting feelings</p> <p>38. Giving compliments</p> <p>Problem-solving</p> <p>39. Asking for help</p> <p>40. Wait and take turns</p> <p>April: Problem-solving</p>	<p>Walk Tall</p> <p>I taste with my tongue 56</p> <p>Blindfold walk 61</p> <p>The feely box 64</p> <p>Our giant box of senses 74</p> <p>Things I put on my body 93</p> <p>RSE</p> <p>I grow 77</p> <p>Walk Tall I taste with my tongue 56</p>

		Food and Nutrition	41. Ignoring 42. Apologies Anger Management How to manage anger and calm down	
May June	myself and others	My friends and other people	May: Anger Management 43. How to manage anger and calm down 2 Being Friendly 44. Helping at school- being friendly and helpful 45. Helping at school- being friendly and helpful 2 46. How to make friends and talk to friends (listening) June: Being Friendly 47. Seek permission to borrow property 48. learning to accept "no thanks" 49. Teamwork	Walk Tall There's no one quite like me 37 My important people 42 Bear hugs 48 Who lives inside my front door? 81 Jack's Story 84 RSE We are friends 33

				RSE Making decisions 169
November/ December	Myself and Others	Myself and My Family	November: School Rules 4. Time-out 5. Listening and waiting 6. listening and waiting 2 December: School Rules 7. Concentrating 8. Following directions	Walk Tall My special people booklet 77 RSE This is my family 115
January/ February Stay Safe	Myself	Safety and Protection: Personal Safety Safety Issues	January: Understanding and detecting feelings 9. Keeping calm 10. Relaxation strategies 11. Feelings- proud and frustrated February: Understanding and detecting feelings 12. Hurt feelings 13. Feeling lonely	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 15 Secrets and telling 18 Strangers 21 Walk Tall Five little children 89 Things that go in my body 95 RSE I can be safe 123
March/ April	Myself Stay Safe	Safety and Protection Growing and Changing: As I grow I change	March: Understanding and detecting feelings 14. Giving compliments Problem-solving 15. Asking for help 16. Wait and take turns	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 15 Secrets and telling 18 Strangers 21 RSE

		<p>New Life</p> <p>Feelings and Emotions</p>	<p>April: Problem-solving 17. Ignoring 18. Apologies Anger Management 19. How to manage anger and calm down</p>	<p>I grow and change 157</p> <p>RSE Caring For new life 137</p> <p>Walk Tall Things to be happy about 101 Hot air balloon ride 105 RSE Other people have feelings too 129</p>
May/ June	Myself and the wider world	<p>Developing Citizenship: My School Community</p> <p>Living in the Local Community</p> <p>Environmental Care</p>	<p>May: Anger Management 20. How to manage anger and calm down 2</p> <p>Being Friendly 21. Helping at school- being friendly and helpful 22. Helping at school- being friendly and helpful 2 23. How to make friends and talk to friends (listening)</p> <p>June: Being Friendly 24. Seek permission to borrow property 25. learning to accept "no thanks" 26. Teamwork 27. End of year review</p>	<p>Walk Tall The face in the mirror 33 Are you? Can you? Do you? 47 Our class 79 Helping hand tree 83</p> <p>Walk Tall Helping hand tree 83</p>

Senior Infants Year 2 (Odd years)

Month	Strand	Strand Unit	Dina School	Senior Infants
September October	Myself and others	Relating to others	October: School Rules 28. Introduction of puppets 29. Quiet hands up Show me five	Walk Tall Our class 79 Helping hand tree 83 RSE These are my friends 107
November December	Myself and the wider world	Media Education	November: School Rules 30. Time-out 31. Listening and waiting 32. listening and waiting 2 December: School Rules 33. Concentrating Following directions	Walk Tall Suggested stories and rhymes 52 Time for a rhyme 71 Suggested stories and poems 74 Suggested stories, songs and rhymes 85 Suggested stories, songs and rhymes 98 Suggested stories, songs and rhymes 109 Movement activities 116
January February	Myself Stay Safe	Safety and protection: Personal Safety Safety Issues	January: Understanding and detecting feelings 34. Keeping calm 35. Relaxation strategies 36. Feelings- proud and frustrated	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 15 Secrets and telling 18 Strangers 21 Walk Tall

			February: Understanding and detecting feelings 37. Hurt feelings Feeling lonely	Five little children 89 Things that go in my body 95 RSE I can be safe 123
March April	Myself Stay Safe	Safety and protection Making Decisions/Taking Care of my body: Knowing about my body Food and Nutrition	March: Understanding and detecting feelings 38. Giving compliments Problem-solving 39. Asking for help 40. Wait and take turns April: Problem-solving 41. Ignoring 42. Apologies Anger Management How to manage anger and calm down	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 15 Secrets and telling 18 Strangers 21 RSE I grow and change 157 RSE Caring For new life 137 Walk Tall The five senses 56 Taste test 59 What's in the box 64 What do you smell? 66 Five little children 89 Things that go in my body 95 RSE My body 147 Walk Tall Taste test 59 RSE I grow and change 157

<p>May June</p>	<p>myself and others</p>	<p>my friends and other people</p>	<p>May: Anger Management 43. How to manage anger and calm down 2 Being Friendly 44. Helping at school- being friendly and helpful 45. Helping at school- being friendly and helpful 2 46. How to make friends and talk to friends (listening) June: Being Friendly 47. Seek permission to borrow property 48. learning to accept "no thanks" 49. Teamwork End of year review</p>	<p>Walk Tall My special people booklet 77 Our class 79 Helping hand tree 83 RSE These are my friends 107</p>
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First and Second Class Year 1 (even years)

Month	Strand	Strand Unit	First Class	Second Class
September/ October Behaviour Week Antibullying /Friendship Week	Myself	Self Identity: Self-Awareness Developing Self- Confidence	<p>Walk Tall My name 31 Our favourite things 35 Alike/different 38 I have talents 42 I would like to belong 128 RSE Things I like to do 15 How my body works 67</p> <p>Walk Tall Our favourite things 35 I have opinions 47 It's ok to make mistakes 95 I'm celebrating all I've learned 134 RSE Things I like to do 15 Growing means changing 77</p>	<p>RSE Other people are special 103</p> <p>Walk Tall I change as I grow 31 The influence of friends 35 I'm learning to ask for what I want 112 I'm learning about my rights 116 I'm celebrating all I've learned 122</p> <p>Walk Tall The influence of friends 35 The influence of advertising 40 Do I want to smoke? 43 I'm learning to use my own brain 103 I'm learning to say no 107 RSE Personal decisions 181</p>

		Making Decisions	Walk Tall When I feel angry I have lots of energy 88 RSE Decisions and their consequences 87	
November/ December	Myself and Others	Myself and My Family	Walk Tall I belong in my home 121 RSE My family 31	RSE My family 123
January/ February Stay Safe	Myself	Safety and Protection: Personal Safety Safety Issues	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 19 Strangers 23 Walk Tall People who make rules care about something important 56 When I'm scared I look for help 101 I share my feelings with people I trust 106 RSE Keeping safe 39 Walk Tall If there were no rules 53 People who make rules care about something important 56	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 19 Strangers 23 Walk Tall The influence of friends 35 Do I want to smoke 43 Bullying 48 I'm learning to trust 95 I'm learning to use my own brain 103 I'm learning to say no 107 I'm learning about my rights 116 RSE Keeping safe 131 Walk Tall Drugs are very powerful 77

			<p>There are rules about medicines 60</p> <p>The rules of this classroom 66</p> <p>RSE</p> <p>Keeping safe 39</p>	<p>Why are those children having injections? 82</p> <p>I'm learning to use my own brain 103</p> <p>I'm learning to say no 107</p> <p>RSE</p> <p>Keeping safe 131</p>
March/ April	<p>Myself</p> <p>Stay Safe</p>	<p>Safety and Protection</p> <p>Growing and Changing: As I grow I change</p> <p>New Life</p> <p>Feelings and Emotions</p>	<p>Walk Tall</p> <p>I would like to belong 128</p> <p>RSE</p> <p>Growing means changing 77</p> <p>RSE</p> <p>The wonder of new life 59</p> <p>Walk Tall</p> <p>Feelings are ok 73</p> <p>When I am happy 79</p> <p>It's ok to cry when I'm sad 83</p> <p>When I feel angry I have lots of energy 88</p> <p>It's ok to make mistakes 95</p> <p>When I'm scared I look for help 101</p> <p>I share my feelings with people I trust 106</p> <p>RSE</p> <p>Showing our feelings 49</p>	<p>Walk Tall</p> <p>I change as I grow 31</p> <p>I'm learning to trust 95</p> <p>I'm learning to cooperate 99</p> <p>I'm learning to use my own brain 103</p> <p>RSE</p> <p>Growing and changing 171</p> <p>RSE</p> <p>The wonder of new life 151</p> <p>RSE</p> <p>Coping with our feelings 141</p>

<p>May/ June</p>	<p>Myself and the wider world</p>	<p>Developing Citizenship: My School Community</p> <p>Living in the Local Community</p> <p>Environmental Care</p>	<p>Walk Tall The rules of the classroom 66 I belong with my class 117 I belong in my home 121 I belong 125 I would like to belong 128</p> <p>Walk Tall People who make rules care about something important 56 I belong 125 I would like to belong 128</p>	<p>Walk Tall I'm learning to trust 95 I'm learning to cooperate 99</p> <p>Walk Tall I'm learning about my rights 116</p>
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First and Second Class Year 2 (Odd years)

Month	Strand	Strand Unit	First Class	Second Class
September October	Myself and others	Relating to others	Walk Tall Our favourite things 35 Alike and different 38 I have opinions 47 When I'm happy 79 It's ok to cry when I'm sad 83 When I feel angry I have lots of energy 88 I would like to belong 128 RSE My friends 23 Showing our feelings 49	Walk Tall The influence of friends 35 Bullying 48 I'm learning to use my own brain 103 I'm learning to say no 107 I'm learning to ask for what I want 112 I'm learning about my rights 116 RSE Personal decisions 181
November December	Myself and the wider world	Media Education		Walk Tall The influence of advertising 40
January February	Myself Stay Safe	Safety and protection: Personal Safety Safety Issues	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 19 Strangers 23 Walk Tall People who make rules care about something important 56	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 19 Strangers 23 Walk Tall The influence of friends 35 Do I want to smoke 43 Bullying 48 I'm learning to trust 95

			<p>When I'm scared I look for help 101 I share my feelings with people I trust 106 RSE Keeping safe 39</p> <p>Walk Tall If there were no rules 53 People who make rules care about something important 56 There are rules about medicines 60 The rules of this classroom 66 RSE Keeping safe 39</p>	<p>I'm learning to use my own brain 103 I'm learning to say no 107 I'm learning about my rights 116 RSE Keeping safe 131</p> <p>Walk Tall Drugs are very powerful 77 Why are those children having injections? 82 I'm learning to use my own brain 103 I'm learning to say no 107 RSE Keeping safe 131</p>
<p>March April</p>	<p>Myself Stay Safe</p>	<p>Safety and protection</p> <p>Making Decisions/Taking Care of my body: Knowing about my body</p> <p>Food and Nutrition</p>	<p>Walk Tall There are rules about medicines 60 RSE How my body works 67</p> <p>RSE How my body works 67</p>	<p>Walk Tall Do I want to smoke? 43 My heart and my lungs 57 My brain is my control centre 60 My body needs food 66 Too much of a good thing 74 Drugs are very powerful 77 Why are those children having injections? 82 RSE When my body needs special care 161</p>

				<p>Walk Tall</p> <p>My body needs food 66</p> <p>Too much of a good thing 74</p>
<p>May</p> <p>June</p>	<p>myself and others</p>	<p>my friends and other people</p>	<p>Walk Tall</p> <p>I belong with my class 117</p> <p>I belong 125</p> <p>RSE</p> <p>My friends 23</p>	<p>Walk Tall</p> <p>The influence of friends 35</p> <p>Do I want to smoke? 43</p> <p>Bullying 48</p> <p>I'm learning to trust 95</p> <p>I'm learning to cooperate 99</p> <p>'m learning to use my own brain 103</p> <p>I'm learning to say no 107</p> <p>RSE</p> <p>Being friends 113</p>

			Making decisions 103	I know, I think 59 Viewpoints 63 Groups I belong to 111 Decision making 118 Practising decision making 124 Conflicts 134 RSE Myself and others 117 Bullying behaviour 127 Reasons for rules 147 Problem solving 207
November/ December	Myself and Others	Myself and My Family	RSE My family 37	RSE My family 137 Walk Tall Groups I belong to 111 Conflicts 134
January/ February Stay Safe	Myself	Safety and Protection: Personal Safety Safety Issues	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 20 Strangers 24 Walk Tall Rules of the classroom 31 Acting on impulse 127 RSE Keeping safe 49 Walk Tall Acting on impulse 127 RSE Keeping safe 49	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 20 Strangers 24 Walk Tall Rules of the classroom 31 Smoking - what do you think? 90 Being offered a cigarette 94 Alcohol 101 What's a drug? 105 RSE Bullying behaviour 127 Reasons for rules 147 Walk Tall

				<p>What is a drug? 105</p> <p>RSE</p> <p>Reasons for rules 147</p>
March/ April	<p>Myself</p> <p>Stay Safe</p>	<p>Safety and Protection</p> <p>Growing and Changing: As I grow I change</p> <p>New Life</p> <p>Feelings and Emotions</p>	<p>RSE</p> <p>My family 37</p> <p>As I grow I change 93</p> <p>RSE</p> <p>My family 37</p> <p>Preparing for new life 69</p> <p>Walk Tall</p> <p>I want ... I need 57</p> <p>What's that feeling? 69</p> <p>I felt happy when ... 74</p> <p>Not-so-good feelings 76</p> <p>I feel, I do 79</p> <p>RSE</p> <p>Sometimes friends fight 27</p> <p>Expressing feelings 57</p> <p>Making decisions 103</p>	<p>RSE Growing and changing 195</p> <p>RSE The wonder of new life 169</p> <p>Walk Tall</p> <p>Listening for feelings 38</p> <p>How do they feel? 69</p> <p>Expressing feelings 73</p> <p>People shrink from put-downs 77</p> <p>What do I say to myself? 128</p> <p>RSE</p> <p>Bullying behaviour 127</p> <p>Feelings and emotions 155</p>

May/ June	Myself and the wider world	Developing Citizenship: My School Community Living in the Local Community Environmental Care	Walk Tall Rules of the classroom 31 You are unique too 53 RSE Sometimes friends fight 27 Keeping safe 49	Walk Tall Rules of the classroom 31 Practising decision making 124 RSE Myself and others 117 Bullying behaviour 127 Reasons for rules 147 Walk Tall Groups I belong to 111 RSE Myself and others 117 Bullying behaviour 127
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Third and Fourth Class Year 2 (Odd years)

Month	Strand	Strand Unit	Third Class	Fourth Class
September October	Myself and others	Relating to others: Communicating Resolving Conflict	Walk Tall Listening 34 Who influences me 123 RSE Special gifts 17 Sometimes friends fight 27 Walk Tall Acting on impulse 127 RSE Sometimes friends fight 27	Walk Tall Taking time to listen 34 Listening for feelings 38 I know, I think 59 Direct communication 141 RSE Myself and others 117 Problem solving 207 Walk Tall People shrink from put downs 77 Dealing with difficult situations 82 Conflicts 134 Direct communication 141

				RSE Bullying behaviour 127 Problem solving 207
November December	Myself and the wider world	Media Education	Walk Tall I want I need 57 Who influences me 123	
January February	Myself Stay Safe	Safety and protection: Personal Safety Safety Issues	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 20 Strangers 24 Walk Tall Rules of the classroom 31 Acting on impulse 127 RSE Keeping safe 49 Walk Tall Acting on impulse 127 RSE Keeping safe 49	Stay Safe Feeling safe and unsafe 7 Bullying 11 Touches 16 Secrets and telling 20 Strangers 24 Walk Tall Rules of the classroom 31 Smoking - what do you think? 90 Being offered a cigarette 94 Alcohol 101 What's a drug? 105 RSE Bullying behaviour 127 Reasons for rules 147 Walk Tall What is a drug? 105 RSE Reasons for rules 147
March April	Myself Stay Safe	Safety and protection Taking Care of my body: Health and Well-being Knowing about my body	Walk Tall If I'm tense I can relax 83 On and off balance 91 Body balance 95	Walk Tall Dealing with difficult situations 84 Feeling the air in our bodies 87 Smoking - what do you think? 90 Being offered a cigarette 94

		Food and Nutrition	<p>What's good for me? 101</p> <p>Smoking 104</p> <p>Drinking 113</p> <p>RSE Keeping safe 49</p> <p>Making decisions 103</p> <p>RSE</p> <p>Our senses 81</p> <p>Walk Tall</p> <p>Body balance 95</p> <p>What's good for me? 101</p>	<p>Forming and breaking habits 97</p> <p>Alcohol 101</p> <p>What is a drug? 105</p> <p>What do I say to myself? 128</p> <p>RSE Bullying behaviour 127</p> <p>Being clean - keeping healthy 183</p> <p>Problem solving 207</p> <p>Walk Tall</p> <p>Feeling the air in our bodies 87</p> <p>RSE</p> <p>Being clean - keeping healthy 183</p> <p>Growing and changing 195</p> <p>RSE</p> <p>Being clean - keeping healthy 183</p>
May June	myself and others	my friends and other people	<p>Walk Tall</p> <p>Listening 34</p> <p>Who influences me? 123</p> <p>RSE</p> <p>Sometimes friends fight 27</p>	<p>Walk Tall</p> <p>Taking time to listen 34</p> <p>Listening for feelings 38</p> <p>Viewpoints 63</p> <p>People shrink from put downs 77</p> <p>Groups I belong to 111</p> <p>Conflicts 134</p> <p>Direct communication 141</p> <p>RSE</p> <p>Myself and others 117</p> <p>Bullying behaviour 127</p> <p>Reasons for rules 147</p> <p>Growing and changing 195</p> <p>Problem solving 207</p>

			<p>Types of decisions 93 Ways of deciding 98 I can choose 101 RSE My family 49 Keeping safe 61 Feelings and emotions 69 Making healthy decisions 113</p>	<p>What can they do now? 123 RSE Families 151 Feelings and emotions 175 Growing and changing 183 Choices and decision making 221</p>
November/ December	Myself and Others	Myself and My Family	<p>Walk Tall Alcoholism and the family 121 RSE My family 49 Keeping safe 61 The wonder of new life 93 Caring for new life 113</p>	<p>RSE Different kinds of love 141 Families 151 Growing and changing 183 Relationships and new life 199 A baby is a miracle 209</p>
January/ February Stay Safe	Myself	<p>Safety and Protection: Personal Safety</p> <p>Safety Issues</p>	<p>Stay Safe Feeling safe and unsafe 6 Bullying 9 Touches 15 Secrets and telling 19 Strangers 22 Walk Tall Types of decisions 93 Ways of deciding 98 I can choose 101 Risky situations 104 RSE My family 49 Keeping safe 61</p> <p>Walk Tall Alcohol how we see it 111</p>	<p>Stay Safe Feeling safe and unsafe 6 Bullying 9 Touches 15 Secrets and telling 19 Strangers 22 Walk Tall Group building 31 How others see it 86 What can they do now? 123 Making decisions about situations involving drugs 131 RSE Keeping safe and healthy 163 Growing and changing 183</p> <p>Walk Tall A way of deciding 80</p>

			Alcohol information 116 Risky situations 104 RSE Keeping safe 61 Making healthy decisions 113	Smoking 97 What is a drug 115 Making decisions about situations involving drugs 131 RSE Keeping safe and healthy 163
March/ April	Myself Stay Safe	Safety and Protection Growing and Changing: As I grow I change New Life Feelings and Emotions	Walk Tall This is my life 31 I'm celebrating all I've learned 129 RSE My family 49 Keeping safe 61 My body grows and changes 81 Making healthy decisions 113 RSE The wonder of new life 93 Caring for new life 103 Walk Tall You can't win all the time 44 How are you feeling? 55 Painting feelings 59 What happens when I feel? 61 RSE My family 49 Feelings and emotions 69 My body grows and changes 81 The wonder of new life 93	Walk Tall I can do it 43 Looking to the future 143 Celebration shields, worry stars 147 A new school 152 RSE Families 151 Growing and changing 183 Relationships and new life 199 RSE Different kinds of love 141 Families 151 Relationships and new life 199 A baby is a miracle 209 Walk Tall Handling criticism 47 What do I do when I feel? 55 Strong feelings 61 Dealing with difficult feelings (grief) 66 RSE Me and my aspirations 131 Different kinds of love 141 Feelings and emotions 175 Growing and changing 183

			Making healthy decisions 113	Relationships and new life 199 Choices and decision making 221
May/ June	Myself and the wider world	Developing Citizenship: My School Community Living in the Local Community Environmental Care	Walk Tall Interview 41 Part of the gang 75 RSE Making healthy decisions 113	Walk Tall Group building 31 RSE Me and my aspirations 131 Families 151 Growing and changing 183

Fifth and Sixth Class Year 2 (Odd years)

Month	Strand	Strand Unit	Fifth Class	Sixth Class
September October	Myself and others	Relating to others	RSE The person I am 25 My family 49 Feelings and emotions 69 Walk Tall Interview 41 Painting feelings 59 Says who? 69	RSE Me and my aspirations 131 Different kinds of love 141 Families 151 Feelings and emotions 175 Growing and changing 183 Choices and decision making 221 Walk Tall Handling criticism 47

			<p>Someone I admire 80 Advertising 84 I can choose 101</p> <p>Walk Tall I can choose 101 RSE My family 49 Feelings and emotions 69</p>	<p>Walk Tall Handling criticism 47 What do I do when I feel? 55 Strong feelings 61 How others see it 86 RSE Families 151 Feelings and emotions 175</p>
November December	Myself and the wider world	Media Education	<p>Walk Tall Says who? 69 Advertising 84 RSE Different kinds of friends 37 My family 49 Feelings and emotions 69 Making healthy decisions 113</p>	<p>Walk Tall Action on drugs 137 RSE Different kinds of love 141</p>
January February	<p>Myself</p> <p>Stay Safe</p>	<p>Safety and protection: Personal Safety</p> <p>Safety Issues</p>	<p>Stay Safe Feeling safe and unsafe 6 Bullying 9 Touches 15 Secrets and telling 19 Strangers 22 Walk Tall Types of decisions 93 Ways of deciding 98 I can choose 101 Risky situations 104 RSE My family 49</p>	<p>Stay Safe Feeling safe and unsafe 6 Bullying 9 Touches 15 Secrets and telling 19 Strangers 22 Walk Tall Group building 31 How others see it 86 What can they do now? 123 Making decisions about situations involving drugs 131 RSE Keeping safe and healthy 163 Growing and changing 183</p>

			<p>Keeping safe 61</p> <p>Walk Tall</p> <p>Alcohol how we see it 111</p> <p>Alcohol information 116</p> <p>Risky situations 104</p> <p>RSE</p> <p>Keeping safe 61</p> <p>Making healthy decisions 113</p>	<p>Walk Tall</p> <p>A way of deciding 80</p> <p>Smoking 97</p> <p>What is a drug 115</p> <p>Making decisions about situations involving drugs 131</p> <p>RSE</p> <p>Keeping safe and healthy 163</p>
<p>March</p> <p>April</p>	<p>Myself</p> <p>Stay Safe</p>	<p>Safety and protection</p> <p>Taking Care of my body: Health and Well-being</p> <p>Knowing about my body</p> <p>Food and Nutrition</p>	<p>Walk Tall</p> <p>What happens when I feel 61</p> <p>Says who 69</p> <p>Someone I admire 80</p> <p>Types of decisions 93</p> <p>Risky situations 104</p> <p>Alcohol: how we see it 111</p> <p>Alcohol information 116</p> <p>Alcoholism and the family 121</p> <p>RSE</p> <p>My family 49</p> <p>Keeping safe 61</p> <p>Feelings and emotions 69</p> <p>Caring for new life 103</p> <p>Making healthy decisions 113</p>	<p>Walk Tall</p> <p>Dealing with difficult feelings 66</p> <p>How others see it 86</p> <p>The smoking bottle 93</p> <p>Smoking 97</p> <p>Let's do something 103</p> <p>The bag 111</p> <p>What is a drug 115</p> <p>What do I think about drugs and drug-taking 120</p> <p>What can they do now? 123</p> <p>Making decisions about situations involving drugs 131</p> <p>Addiction 134</p> <p>Action on drugs 137</p> <p>Celebration shields 147</p> <p>RSE</p> <p>Different kinds of love 141</p> <p>Keeping safe and healthy 163</p> <p>Feelings and emotions 175</p> <p>Growing and changing 183</p>

			<p>RSE My body grows and changes 81 The wonder of new life 93 Caring for new life 103 Making healthy decisions 113</p> <p>RSE Caring for new life 103 Making healthy decisions 113</p>	<p>Choices and decision making 221</p> <p>RSE Keeping safe and healthy 163 Relationships and new life 199</p> <p>RSE Keeping safe and healthy 163</p>
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